

LARA ROMERO IGLESIAS

+1 778-930-1527 | lararomeroiglesias@gmail.com | Kamloops, BC

WORK EXPERIENCE

CBC Daybreak Kamloops

Kamloops, BC

Professional Internship

April 2024 – July 2024

- Actively pitched weekly story ideas to the station's producer, contributing to the development of engaging content for daily broadcasts.
- Gathered news leads and conducted interviews with different members of the Kamloops community to create compelling stories.
- Gained hands-on experience in script writing, recording and editing audio, and operating broadcast software.

CFBX-FM Campus Community Radio

Kamloops, BC

Professional Internship and Volunteering

Sep 2022 – Aug 2023

- Hosted a weekly one-hour live radio show, *The Foreigner's Records*, engaging listeners with Hispanic and Latin American music along with a fifteen minute segment of world news.
- Developed and curated show content by selecting music, world news updates, and public service announcements (PSAs).
- Handled and monitored technical equipment, ensuring high-quality sound and troubleshooting any issues during live broadcasts.
- Managed on-air transitions and broadcast timing, verifying smooth operation of scheduled programming.

Thompson Rivers University

Kamloops, BC

Student Wellness Ambassador

Sep 2023 – May 2025

- Completed a 120-hour training that included peer mentor preparation, Sexualized Violence Prevention and Response, Suicide Prevention, Naloxone Training, and Indigenous Canada knowledge.
- Created monthly Instagram social media posts and student newsletters that included thorough research on multiple wellness topics.
- Organized and facilitated different events and workshops that promoted the mental and physical wellbeing of students and the community.

The Omega

Kamloops, BC

Staff Reporter

Sep 2025 – Dec 2025

- Attended weekly staff meetings to brainstorm new pitch ideas covering news and arts-related stories.
- Conducted interviews with students, members of faculty, and the Kamloops community to gather accurate, engaging source material.
- Collaborated with editors and photographers to develop cohesive stories.

EXTRACURRICULARS

TRUSU Journalism & Communication Club

Kamloops, BC

Co-chair

Sep 2025 – Dec 2025

- Co-led a student journalism and communications group of five members, overseeing event planning, social media outreach, and sponsorship opportunities.
- Coordinated weekly meetings to discuss club activities and discuss strategies to meet our goals.
- Planned three events throughout one semester that focused on the growth of the journalism and communications student community at Thompson Rivers University.

EDUCATION

Thompson Rivers University

Kamloops, BC

Bachelor of Communication and Digital Journalism

Jan 2021 – Dec 2025

- **Selected coursework:** Investigative Journalism, Trauma-Informed Environmental Journalism, Advanced Imaging and Editing, Media Law and Ethics, and Online Journalism.
- Dean's List for the Faculty of Arts – Winter 2023

ADDITIONAL INFORMATION

Skills: Active listening, time management, research and fact checking, audio editing, radio programming, photography, and effective communication. Fluency in English, Spanish and B2 level in French.